

## CLIENT CASE STUDY

Becky & Matisse - Healthy Baby Boy Conceived Naturally At 43  
After 4 Months On The NFP Program

**Client Name:**

Becky & Matisse \*

**Age:**

43 & 45

**Location:**

Switzerland

**Time Trying to Conceive (TTC):**

1 ½ Years

**Fertility Case Summary:**

- Endometriosis
- Uterine adhesions
- Poor Lining - Endometrium too thin for implantation
- Blocked fallopian tubes
- Advanced age for fertility

**Natural Fertility Treatment Overview:**

Becky, a happy mother of three children, wanted a fourth so that her youngest child would have a playmate. Her two older kids were in high school and her four-year-old kept nagging for a little sister. Becky's husband, Matisse, was perfectly content with three children, and was not open to any assisted reproductive services to help achieve a fourth pregnancy.

Becky tried to get pregnant for a year without success. When her period kept showing up each month, she decided to have a check up. Upon being told that IVF would be her only option for getting pregnant, Becky felt hopeless, mainly because she knew Matisse would never provide a sample of his sperm for IVF and that he would also not be supportive (emotionally or financially) of an IVF procedure. Becky decided to do the NFP program to improve her chances.

**Improvements & Outcome Through The NFP Program:**

We put her on our endometriosis protocol and gave her specific practitioner range supplements and dietary advice for unblocking her tubes. She followed her coach's advice, took the

supplements and kept trying, but didn't think there was much hope, since we'd let her know up front that blocked tubes are very difficult to treat naturally.

After 4 months on the program, Becky had a confirmed pregnancy test. Her doctor could not believe it and cautioned her that due to her endometriosis and adhesions she could miscarry, but she didn't.

### **Duration of Treatment:**

4 Months on the NFP program

### **Clinical Outcome:**

Becky gave birth to a healthy baby girl. Her husband is smitten with love for his youngest daughter and Becky is over the moon that her second youngest has a little playmate.

*\*names changed to protect privacy*