

CLIENT CASE STUDY

Bettina & Jack - Healthy Baby Boy Conceived Naturally
After 3 Months On The NFP Program

Client Name:

Bettina & Jack *

Age:

33 & 36

Location:

USA

Time Trying to Conceive (TTC):

2 Years

Fertility Case Summary:

- 2 x Miscarriages at 5 ½ weeks
- Very low progesterone

Natural Fertility Treatment Overview:

Bettina contacted us after her second miscarriage. She already had a three-year-old son and wanted to complete their family with one more child.

Through her case analysis, her coach identified that Bettina had very high exposure to EM radiation. She was also exposing herself to endocrine disruptors in her home, at work and through her diet.

Natural Fertility Treatment Overview:

Bettina followed the program as well as her coach's recommendations and she took the supplements we prescribed for her.

Improvements & Outcome Through The NFP Program:

After 3 months on the program and taking the supplements, Bettina conceived again and this time carried her baby to term. Using the knowledge she'd gained in the program, she also kept a close watch over her hormones in the initial weeks of the pregnancy to ensure she didn't miscarry again, and she didn't.

Duration of Treatment:

3 Months on the NFP program

Clinical Outcome:

Bettina gave birth to a healthy baby boy.

**names changed to protect privacy*