

CLIENT CASE STUDY

Diana & Conrad - Healthy Baby Boy Conceived Naturally at 42
After 7 Months On The NFP Program

Client Name:

Diana & Conrad *

Age:

42 & 53

Location:

US

Time Trying to Conceive (TTC):

2.5 years

Fertility Case Summary:**Female**

- History of miscarriages and multiple chemical pregnancies
- Low AMH
- Uterine polyps
- History of birth control
- Headaches and clotting with menstrual bleed
- Blood sugar issues
- Poor sleep
- Immune issues - recurrent colds & flu

Male

- High stress job and extensive international travel
- Dry skin

IVF/ART History:

Their Fertility Specialist had recommended they go straight to full IVF with ICSI and PGD (Pre-implantation Diagnosis). Diana was told she had a 5% chance of success, even with IVF.

Personal Impact of Fertility Challenges:

TTC had become very stressful as Diana and Conrad had a three year old daughter and they didn't want to have a long gap between siblings. Diana was beginning to feel there was something significantly wrong with her body.

Natural Fertility Treatment Overview:

Treatment was focused around increasing egg and sperm quality and preparing the uterus for pregnancy. We addressed antioxidant status and employed herbs and nutrients to prevent miscarriage. Iron, Omega 3 and vitamin D levels were repleted.

Improvements & Outcome Through The NFP Program:

Diana reported less headaches and clotting with her period and much improved immunity - both partners reported not getting sick with colds or flu since commencing the program. They conceived naturally after 7 months on the NFP program, which they discovered on the day they were due to commence IVF!

Duration of Treatment:

7 Months on the NFP program

Clinical Outcome:

Birthed a beautiful healthy son at age 42, two months shy of 43.

**names changed to protect privacy*