

CLIENT CASE STUDY

Joanna & Victor - Healthy Baby Girl Conceived Naturally
After 12 Months On The NFP Program

Client Name:

Joanna and Victor *

Age:

30 & 33

Location:

USA

Time Trying to Conceive (TTC):

1 year

Fertility Case Summary:

- Blocked fallopian tube
- Hydrosalpinx
- Large fibroid
- History of genital herpes

Key Test Finding:

- Subclinical hypothyroidism
- Genetic polymorphisms
- Exposure to toxic chemicals at work

Personal Impact of Fertility Challenges:

Joanna was told that due to the blocked tube and hydrosalpinx she would need to have surgery to remove the tube as the presence of hydrosalpinx could predispose to miscarriages if she got pregnant with IVF. Neither Victor nor her wanted to do IVF because they were still so young.

Natural Fertility Treatment Overview:

After a thorough case analysis and additional testing, her coach discovered that Joanna had genetic polymorphisms which made it difficult for her to absorb certain key fertility nutrients, as well as to detox. On top of that, her job in a dental office exposed her to many toxic chemicals, which could delay pregnancy. We worked on minimizing the size of her fibroid as well as on unlocking the blocked fallopian tube. Joanna and Victor continued with the protocol for a year at which point they contacted us to let us know they were pregnant naturally.

Improvements & Outcome Through The NFP Program:

Joanna conceived naturally after 12 months on the program and gave birth naturally to a healthy baby girl.

Duration of Treatment:

12 Months on the NFP program

Clinical Outcome:

Birth of a healthy baby girl.

**names changed to protect privacy*