

## CLIENT CASE STUDY

Lou & Peter - Healthy Baby Girl Conceived Naturally At 37  
After 9 Months On The NFP Program

**Client Name:**

Lou & Peter \*

**Age:**

37 & 39

**Location:**

USA

**Time Trying to Conceive (TTC):**

6 Years and 10 months

**Fertility Case Summary:**

- Unexplained Infertility
- Endometriosis
- Polyps

**Natural Fertility Treatment Overview:**

Extensive tests were undertaken to identify the causes of Lou and her partner's "unexplained infertility." Based on the results, tailored dietary and lifestyle adjustments were recommended, along with practitioner-grade supplements. Lou already had a very healthy diet and lifestyle, however there were still areas that needed to be addressed. We recommended that Lou switch to a vegan diet, given that in her case, her endometriosis was best managed without animal products.

**Duration of Treatment:**

9 Months on the NFP program

**Clinical Outcome:**

Birth of a healthy baby girl. Lou describes her baby as "A very happy baby who smiles a lot and never complains".

*\*names changed to protect privacy*