

CLIENT CASE STUDY

Penelope & Phillipe - Healthy Baby Conceived Naturally At 39
After 4 Months On The NFP Program

Client Name:

Penelope and Phillipe *

Age:

39 & 35

Location:

France

Time Trying to Conceive (TTC):

1 year

Fertility Case Summary:**Female**

- Surgery to repair bicornuate uterus
- 2 x miscarriages due to ureaplasma infection
- 1 x child born 10 years prior with a different partner

Male

- History of chlamydia infection
- History of HPV infections

Key Test Finding:

- Low AMH
- Elevated FSH
- Subclinical hypothyroidism
- Thyroid antibodies
- Genetic polymorphisms for both

Personal Impact of Fertility Challenges:

Penelope and Phillipe desperately wanted to have a child together. Due to her age she felt under a lot of stress and she had recently concluded a long and very stressful divorce, which has taken a toll on her overall health and fertility.

Natural Fertility Treatment Overview:

Penelope's thyroid antibodies and thyroid function were addressed, as well as genetic polymorphisms for both. Phillippe was coming into contact with a lot of chemicals at work and had to rethink protective measures at work to minimize his exposure. Various nutritional and herbal supplements were used to establish a hormonal balance for Penelope, as well as restore healthy nervous and adrenal function after many years of chronic stress.

Improvements & Outcome Through The NFP Program:

Penelope got pregnant naturally after 4 months on the NFP program and gave birth to a healthy baby girl.

Duration of Treatment:

4 Months on the NFP program

Clinical Outcome:

Birth of a healthy baby girl.

**names changed to protect privacy*