

CLIENT CASE STUDY

Rebecca & Cam - Healthy Baby Boy Conceived Naturally at 41
After 5 Months On The NFP Program

Client Name:

Rebecca & Cam *

Age:

41 & 44

Location:

USA

Time Trying to Conceive (TTC):

5 years

Fertility Case Summary:

- Low AMH
- Hypothyroidism
- CRP elevation - sign of inflammation
- Poor sperm health - Morphology 2%
- Genetic polymorphisms

ART Undertaken:

- 3 x Failed IUIs
- 2 x Failed ICSIs

Natural Fertility Treatment Overview:

Rebecca and her husband Cam contacted us after their funds had been exhausted following 5 rounds of ART, which included 2 x ICSI rounds. Rebecca was 41 at the time and Cam 44. Her low AMH value put her in a donor egg and “old eggs” category at the fertility clinic. Also, because Cam had low morphology, they were told ICSI with donor eggs would be the only option.

Extensive testing revealed that Rebecca had significant genetic polymorphisms which were impacting her liver function and ability to detox. Cam had low testosterone and elevated levels of a radioactive metal in his body, which was contributing to his poor morphology. They both had low vitamin D levels, zinc deficiency and low CoQ10 levels, plus multiple food intolerances.

Improvements & Outcome Through The NFP Program:

After all deficiencies, toxicities and polymorphisms had been addressed, Cam’s sperm was retested and his morphology was now normal. They got pregnant five months after starting the coaching program and have been following the NFP dietary and lifestyle principles for the past 11 months.

Duration of Treatment:

5 Months on the NFP program

Clinical Outcome:

Rebecca gave birth to a healthy baby boy at 42 weeks of her pregnancy, at 42 years of age. Her pregnancy was healthy and uneventful.

**names changed to protect privacy*