

CLIENT CASE STUDY

Sarah & James - Healthy Baby Boy Conceived Via IUI
(Essential) at 44 After 11 Months On The NFP Program

Client Name:

Sarah & James *

Age:

44 & 45

Location:

USA

Time Trying to Conceive (TTC):

2 Years (IUI was only possible method of conception)

Fertility Case Summary:

- Age related egg quality factor
- High FSH
- Submucosal fibroid in a location that impacted implantation

ART Undertaken:

- Two failed IUIs

Natural Fertility Treatment Overview:

James had suffered from cancer in the past. Before undergoing chemotherapy, he had frozen his sperm and had a vasectomy following chemotherapy.

Before Sarah tried another IUI, we recommended that she make significant changes to her diet, lifestyle, cooking and eating habits. She embraced the recommendations, since she really wanted a baby and unfortunately time was not on her side.

Improvements & Outcome Through The NFP Program:

Sarah had a fibroid surgically removed. Her FSH came down to normal ranges after having taken the prescribed practitioner range supplements, and she went in for the third IUI.

After preparing the sperm, her doctors gave this particular vial a low grade of three. They were not very confident it would be of high enough quality for conception. Sarah went ahead with the IUI and got a positive pregnancy test after a grueling two week wait. The procedure used Sarah's natural cycle (and was drug-free). Her progesterone level was wonderfully adequate, and her HCG level was high at her blood test.

Duration of Treatment:

11 Months on the NFP program

Clinical Outcome:

Birth of a healthy baby boy when Sarah was 44 years old. An easy pregnancy without any age-related pregnancy issues such as gestational diabetes, preeclampsia, preterm labour etc.

"Thank you so much for empowering me. You are right when you say it doesn't matter how old you are. Thank you for helping me to believe that!"

Sarah, USA, 44

**names changed to protect privacy*