

CLIENT CASE STUDY

Anja & Tim - Healthy Baby Boy Conceived Naturally at 41
After 3 ½ Months on the NFP Program

Client Name:

Anja & Tim *

Age:

41 & 45

Location:

USA

Time Trying to Conceive (TTC):

3 years

Fertility Case Summary:

- Miscarriage at 7 weeks
- Elevated natural killer cells
- Elevated antibodies predisposing to miscarriages
- MTHFR gene polymorphism
- Cervix shortened from previous laser treatments
- Secondary infertility
- Poor sperm quality

ART Undertaken:

- 2 X Failed IVF cycles (ICSI)

Natural Fertility Treatment Overview:

Anja contacted us after their second failed ICSI. She'd had lots of tests done already and with her elevated NK cells and antibodies (which can predispose to miscarriages) they decided they needed to improve their health before trying to get pregnant again. Doctors had also told her that her embryos, which did form (but didn't survive) via ICSI had chromosomal fragmentation, which was a sign of poor egg quality.

Improvements & Outcome Through The NFP Program:

We discovered that Anja's TSH was too high for optimal fertility and she was also deficient in a certain nutrient which is crucial for prevention of antibodies and autoimmunities. We also addressed the sperm

health and egg health and supported her MTHFR gene polymorphism. Anja and Tim found out they were pregnant after three and a half months into the coaching program.

Duration of Treatment:

3 and ½ months

Clinical Outcome:

Healthy pregnancy at 41 and gave birth to a healthy baby boy.

**names changed to protect privacy*