

CLIENT CASE STUDY

Dina & Luis - Healthy Baby Girl Conceived Naturally
After 6 Months On The NFP Program

Client Name:

Dina & Luis *

Age:

32 & 42

Location:

Spain

Time Trying to Conceive (TTC):

2 Years

Fertility Case Summary:

- High FSH

Natural Fertility Treatment Overview:

Dina had been trying to get pregnant for over a year without any luck. She went to have a checkup and it turned out that her FSH was very high for her age. This worried her, since the thought of IVF and potentially donor eggs was not very appealing for her. Dina found out about us and joined the NFP program.

It turned out that Dina worked with chemicals every day and apart from gloves had no other protection. She was inhaling toxic fumes all day long!

Improvements & Outcome Through The NFP Program:

Dina made the recommended changes to reduce her exposure, and changed her and Luis' diet and lifestyle as much as possible. She took the supplements recommended in the program and started timing her intercourse.

6 months after starting the program, Dina got pregnant and sent us an ecstatic email. She had been so worried that she would need to use IVF, which she could not afford. The good news offered a huge relief for her.

Duration of Treatment:

6 Months on the NFP program

Clinical Outcome:

She gave birth to a beautiful baby girl.

**names changed to protect privacy*