

CLIENT CASE STUDY

Helen - Healthy Baby Boy Conceived at 37
Via IUI + Donor Sperm After 7 Months On The NFP Program

Client Name:

Helen *

Age:

37

Location:

USA

Time Trying to Conceive (TTC):

3 years

Fertility Case Summary:

- POI/DOR - Diminished ovarian reserve since she was 33
- Endometriosis covering ovaries
- Intramural fibroid (doctors recommended surgery)
- Depression after two years of unsuccessful IUIs with donor sperm
- Planning IVF

Natural Fertility Treatment Overview:

Helen contacted us after countless failed IUI cycles with donor sperm. Doctors were recommending IVF to her, as well as surgery to remove the fibroid which was located inside her uterine wall.

Helen primarily wanted help with endometriosis. She also wanted to address her low ovarian reserve. She followed the program closely for 6 months and started with IUI's again.

Improvements & Outcome Through The NFP Program:

After the first IUI failed, Helen thought the second one would fail too, and started planning surgery to have the fibroid removed before trying an IVF cycle.

The clinic told her she had to have a pregnancy test first before they could plan her surgery. To her surprise, she had a positive pregnancy test from the second IUI after having followed the NFP program for 6 months!

Duration of Treatment:

6 months on the NFP program

Clinical Outcome:

Helen gave birth to a healthy baby boy

**names changed to protect privacy*