

CLIENT CASE STUDY

Laura & Marcus - Healthy Baby Boy Conceived Naturally
After 12 Months On The NFP Program

Client Name:

Laura & Marcus *

Age:

34 & 37

Location:

UK

Time Trying to Conceive (TTC):

4 years

Fertility Case Summary:

- History of miscarriage
- Poor sperm motility
- Poor sperm morphology
- Borderline low sperm count
- Minor injuries to the testes from playing sports over the years

Natural Fertility Treatment Overview:

Marcus got in touch with me a few months after his wife, Laura, had a miscarriage. They'd been trying to conceive for three years and his sperm analysis showed borderline low count, poor motility and poor morphology.

Improvements & Outcome Through The NFP Program:

Marcus implemented many of the recommended dietary and lifestyle changes in the program. We prescribed practitioner-grade supplements for him and Laura and suggested additional changes and tests for both of them. They followed the advice as closely as possible and conceived naturally after 12 months on the NFP program.

Duration of Treatment:

12 months on the NFP program

Clinical Outcome:

Birth of a healthy baby boy after a healthy full term pregnancy.

**names changed to protect privacy*