

CLIENT CASE STUDY

Lauren & Dale - Healthy Baby Boy Conceived Naturally
After 9 Months On The NFP Program

Client Name:

Lauren & Dale *

Age:

27 & 35

Location:

Australia

Time Trying to Conceive (TTC):

Almost 2 Years

Fertility Case Summary:

- Unexplained Infertility

Natural Fertility Treatment Overview:

Lauren already had a healthy boy and was only in her mid twenties when she noticed that she was having trouble getting pregnant again. She booked an appointment with a fertility clinic and they ran all sorts of tests. Nothing stood out, so they diagnosed her with 'unexplained Infertility.'

Lauren could not accept this diagnosis and got in touch with us. Being young, she wasn't in a rush, but was more interested in preparing her body and Dale's, as well as their immediate environment, for a healthy conception.

Improvements & Outcome Through The NFP Program:

They followed the program as closely as possible and made many changes to their diet and lifestyle. Their coach identified some underlying issues which were contributing to their 'unexplained infertility' and treated them accordingly. They conceived naturally after 9 months on the program.

Duration of Treatment:

9 months on the NFP program

Clinical Outcome:

Birth of a healthy baby boy.

**names changed to protect privacy*