

## CLIENT CASE STUDY

Mariam & Oma - Healthy Baby Boy Conceived Naturally  
After 5 Months On The NFP Program

**Client Name:**

Mariam & Oma \*

**Age:**

32 & 34

**Location:**

UAE

**Time Trying to Conceive (TTC):**

5 Years

**Fertility Case Summary:**

- Severe PCOS
- Subclinical hypothyroidism
- Low sperm count
- Varicoceles (husband refused surgery on testes)

**ART Undertaken:**

- Clomid two years in a row
- IVF and donor eggs recommended by several doctors

**Natural Fertility Treatment Overview:**

We designed a treatment plan that was tailored to address Mariam & Oma's specific fertility challenges. This included targeted dietary and lifestyle adjustments, comprehensive detox, and practitioner-range supplements for addressing hormonal balance, thyroid health, sperm health, and deficiencies that were discovered through additional testing.

**Improvements & Outcome Through The NFP Program:**

They were diligent with their treatment and conceived naturally after 5 months on the NFP program.

**Duration of Treatment:**

5 months on the NFP program

## Clinical Outcome:

Healthy full-term pregnancy and a healthy baby boy born.

*\*names changed to protect privacy*